

2<sup>nd</sup> Mid Year Parekh

INDO – US Foot and Ankle Course

Amritsar, India

June 28<sup>th</sup> & 29<sup>th</sup>, 2014



**International Patron**

Dr. Selene G. Parekh

**International Chair**

Dr. Vinod Panchbhavi  
Dr. Ashish Shah

**National Chair**

Dr. Rajiv Shah

**Local Chairs & Course Organizers**

Dr. Rajeev Vohra

Dr. Avtar Singh

Dr. K.K. Singh

**VENUE: HOTEL RADISSON BLU,  
AIRPORT ROAD, AMRITSAR, INDIA**

*Conference Secretariat*

**DEPARTMENT OF ORTHOPAEDICS**

**AMANDEEP HOSPITAL & CLINICS, AMRITSAR, INDIA**

Website : [www.footandanklecourse.com](http://www.footandanklecourse.com)

## INVITATION

On behalf of the Parekh Family Foundation and Amandeep Hospital & Clinics, Amritsar, we look forward to invite you to 2nd Parekh Mid Year Indo-US Foot and Ankle Course to be held in Amritsar on 28th and 29th June, 2014.

The aim of this meeting is to provide knowledge and facilitate development of surgical and technical skills necessary to become proficient in the evaluation and management of foot and ankle disorders. The course includes scientific presentations by international and national experts who have vast experience in diagnosing and treating ailments of foot and ankle. Hands-on-workshops, video presentations, panel discussions and case discussions will provide an opportunity for surgeons to directly interact with the faculty and gain knowledge in foot and ankle surgery.

We hope at the end of this course we are able to shape and modify our surgical decisions and skills that directly influence the outcomes in patients undergoing treatment for foot and ankle disorders.

We would like to add that Amritsar is a wonderful destination that family can enjoy, and much to offer in terms of shopping and food.

**We are looking forward to welcome you at Amritsar.**



**Dr. Selene G. Parekh**  
International Patron



**Dr. Vinod Panchbhavi**  
International Chair



**Dr. Ashish Shah**  
International Chair



**Dr. Rajiv Shah**  
National Chair



**Dr. Rajeev Vohra**



**Dr. Avtar Singh**



**Dr. K.K. Singh**

Local Chairs & Course Organizers

# FACULTY

## International Faculty



**Dr. Vinod Panchbhavi**  
(International Chair)

Professor & Chief, Division of Foot & Ankle Surgery.  
Director Foot & Ankle Fellowship Program,  
Deptt. of Orthopaedics, University of Texas Medical Branch, USA.  
Editor in Chief, Techniques in Foot & Ankle Surgery



**Dr. Ashish Shah**  
(International Chair)

Assistant Professor (Foot & Ankle),  
Director of Foot and Ankle Research & International Education  
Department of Orthopaedics, University of Alabama  
Birmingham, Alabama, USA.



**Dr. Jason Calhoun**

Department Chief, Musculoskeletal Sciences  
Spectrum Medical Group  
Michigan USA.



**Dr. Nicholas Savva**

Consultant Orthopaedic Surgeon  
Foot & Ankle Unit  
Dorchester, UK.

## National Faculty



**Dr. Rajiv Shah**  
(National Chair)

Director and Chief Orthopaedics Department  
Global Baroda Hospital, Global Baruch Hospital,  
Baroda Hospital, Foot & Ankle Centre, Vadodra, India



**Dr. Rajeev Vohra**  
(Local Chair)

Senior Consultant, Department of Orthopaedics,  
Amandeep Hospital and Clinics, Amritsar.



**Dr. Balvinder Rana**

Consultant Orthopaedics Surgeon, Medanta  
Bone & Joint Institute, Medanta, The Medicity  
Gurgaon Haryana.



**Dr. Nikesh Shah**

Consultant Orthopaedics Surgeon, Foot & Ankle  
Center, Racecourse Tower, Baroda, Gujarat



**Dr. S.S. Dumbre Patil**

Director & Head, Department of Orthopaedics,  
Nobel Hospital, Pune.



**Dr. Mahendra Kudchadkar**

Consultant Orthopaedics Surgeon,  
Goa



**Dr. Amit Bharghav**

Consultant Orthopaedic Surgeon,  
Fortis Group of Hospitals, Delhi & NCR

## COURSE HIGHLIGHTS

### Topics to be Covered:

**Fractures around the ankle:** Malleolar fractures, Pilon Fractures, Syndesmotic injuries.

**Foot fractures:** Calcaneal and Talar fractures, Midfoot fractures, Lisfranc Injuries, Compound foot and ankle injuries.

**Hallux Disorders:** Hallux Valgus, Hallux Rigidus, Hallux Varus.

**Lesser Toe Disorders:** Hammer toes, Claw toes, Metatarsalgia, Plantar Keratosis.

**Tendon Disorders:** Insertional TA tendonitis and Haglunds Syndrome, Non-insertional TA tendonitis, TA Injuries, Peroneal tendon disorders.

**Flatfoot:** Adolescent flexible flatfoot, Peroneal Spastic foot and tarsal coalitions, Posterior tibial tendon dysfunction.

**Foot and Ankle Arthritis and Arthrodesis:** Ankle Arthrodesis, Triple Arthrodesis, Tarso-metatarsal Arthrodesis, Tibiotalocalcaneal Arthrodesis, Arthrodesis for neglected trauma and foot deformities like cavus foot .

**Ligamentous injuries:** Acute lateral ligament injury, Chronic lateral ligament injury and ankle instability, Deltoid ligament Injuries .

**Miscellaneous:** Plantar Heel Pain, Diabetic Foot, Ingrowing toe nail, Role of arthroscopy in foot and ankle, Indications of Total Ankle Replacement.

### COURSE FORMAT:

**Didactic Lectures :** On above mentioned topics.

**Video Presentations:** Video demonstrations with discussion by faculty.

**Small Group Sessions:** 10-15 Delegates in each group will be given an opportunity to engage faculty in informal close quarter discussions on challenging problems.

**Case Discussions:** Delegates are requested to submit their interesting cases by e-mail : [indousamandeep@gmail.com](mailto:indousamandeep@gmail.com)

### HANDS-ON-WORKSHOPS (On Saw Bones)

Calcaneus fractures

Lisfranc injury

Tibiotalocalcaneal arthrodesis

## REGISTRATION FEE

Category	Till 30/4/2014	From 1/5/2014	Spot Registration
Delegates	INR 2000/-	INR 2500/-	INR 3000/-
PG Students	INR 1500/-	INR 1500/-	INR 2000/-
Foreign Delegates	USD 100/-	USD 125/-	USD 150/-

- Registration fee for Delegate includes: Delegate Kit, Admission to the scientific sessions & hands on workshop, +2 Breakfasts at conference Hall +2 Lunches at Conference Hall.
- PG Students must furnish certificate from the Head of the Department or Head of the Institution along with registration form, confirming their student status.
- Spot registrations are limited and cannot be assured of complementaries.
- Delegate must assure that his/her registration fee including complete form reach the conference secretariat within prescribed date.

### CANCELLATION & REFUNDS

- Refund of registration fee will be made only against a written request submitted to the conference secretariat.
- 20% will be deducted as processing charges for cancellation up to 30/5/2014.
- Thereafter, no refund will be done.
- All refunds will be settled within 8 weeks after the conference.

### Payment Options

- (By demand draft/at par cheques) demand Draft drawn in favour of " Amandeep Educational Society " payable at Amritsar.
- (Bank Transfer)

### DETAILS OF RTGS/FUND TRANSFER

A/c Name	AMANDEEP EDUCATIONAL SOCIETY
A/c No.	50200003081342
IFSC CODE	HDFC 0000115
BANK	HDFC BANK LTD.
BRANCH	THE MALL AMRITSAR.
PAN No.	AADAA1817D
MICR	143240002

Please Mail/E-Mail Copy of Cheque & Deposit Slip at Contact address.

### Contact Details for the Conference

#### AMANDEEP HOSPITAL & CLINICS

G.T. ROAD, MODEL TOWN, AMRITSAR. 143001 (Punjab)

Phone: +91-9988106270, +91-9814536372 (Dr. Rajeev Vohra)

Fax: 0183-2223188, E-mail: indousamandeeep@gmail.com

Website: [www.footandanklecourse.com](http://www.footandanklecourse.com) ( Registration form can be downloaded from this website)

## DESTINATION



**GOLDEN TEMPLE**

It is not only a sacred pilgrimage spot for sikhs, but also a symbol of human brotherhood and equality. The temple derives its name from its fully golden dome. Guru Ram Das Ji, the fourth Guru of sikhs built a pool here which currently houses the temple. Amritsar derives its name from this pool "Amrit Sarovar" which literally means a "Pool of Nectar of immortality".

It is a premier hindu temple situated in the city of Amritsar. This temple derives its name from the goddess Durga and it is also called by the name of Lakshmi Narayan Temple. The temple was constructed in 1908 and the temple complex has some historic temple such as Sita Mata and Bara Hanuman.



**DURGIANA TEMPLE**



**WAGAH BORDER**

Wagah, is an international border between India and Pakistan. Lahore is located at a distance of 28 kms from Wagah. At the border, the ceremonial display of the retreat and change of guard amidst roaring applause makes it an extraordinary spectacle .

A memorial site to commemorate the gruesome massacre of unarmed Indians by British troops in the year 1919. The bullet marks on the boundary wall bring alive the agonizing tale of cruelty.



**JALIANWALA BAGH**



**MAHARAJA RANJIT SINGH PANORAMA**

It is a permanent visual documentation of Maharaja Ranjit Singh and has been conceptualized and setup by National Council of Science Museums. The main attraction in a gigantic painting depicting six major battles expeditions of the Maharaja. A Specially designed creative illumination of large paintings and foreground diorama supported by battle fields sound effects at the background enhance in level of experience of viewers.

Sr. No.	Hotels	Distance know Venue	Contact No.
1	Radisson Blu (Venue)	0 km	+91 9501129922
2	Holiday Inn	9 km	+91 183 5088888
3	Best Western Merrion	9 km	+91 9216773802
4	Clarks Inn	9 km	+91 9646786573
5	Comfort Inn Alstonia	9 km	+91 9815866007
6	MK International	9 km	+91 9417003197
7	Country Inn	10 km	+91 183 5050555
8	Hyatt	15 km	+91 183 2871234

## TOURS & TRAVEL

### AXIS TRAVEL ADVISORS (P) LTD

S.S Towers, Building No.59 1st Floor,  
Above. Dr. Lal Path Labs,  
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